



WEDNESDAY, SEPTEMBER 30 · 7:00 PM ONLINE

Session 5 · 11 minutes

The New

A gentle whisper from God can cause a gigantic shift in your future.

WHERE WE ARE IN THE STORY

Elijah is in a cave on Mount Sinai, the same mountain where Moses received the commandments. God tells him to stand outside. A wind tears the mountain apart. Then an earthquake. Then fire. God is in none of them. Then comes a sound so quiet it is almost nothing, and that is where God speaks. Elijah leaves the cave, and this time he goes differently.

WATCH FOR

1. Why does it matter which mountain Elijah is standing on?

2. What was God teaching him by speaking in a whisper?

3. What three things did the whisper help Elijah realize?

KEY VERSE

After the earthquake came a fire, but the Lord was not in the fire. And after the fire came a gentle whisper.

1 KINGS 19:12

Also in tonight's study: **Isaiah 43:19** · **2 Corinthians 5:17** · **Revelation 21:5** · **Ephesians 4:22–24**

NOTES

Created for Renewal

Inner reflection should always lead to a renewed life.

FROM WEDNESDAY

Elijah heard the whisper and walked out of the cave toward a calling. The series ended Wednesday. This morning asks the question the whole month has been building to: what does the renewed life actually look like on an ordinary Tuesday?

KEY VERSE

“Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God — this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind.”

ROMANS 12:1–2

Also this morning: **Ephesians 4:20–24**

SIT WITH THESE

1. What did God search out in you this month that you had not looked at before?

2. What is one thing you are willing to let Him change?

THIS WEEK • WRITE YOUR RULE OF LIFE

A Rule of Life is a short, honest plan for how you will live with God. Not resolutions. A rhythm. Write three or four lines you can keep for the rest of this semester and carry it in your pocket.

THE DAILY EXAMEN • OUR PRACTICE FOR SEPTEMBER

Five minutes at the end of the day. Adapted from Ignatius of Loyola.

1. Become aware that you are in God's presence.
2. Review the day with gratitude. What was given to you?
3. Pay attention to what you felt, especially what you would rather not look at.
4. Choose one moment from the day and pray about it honestly.
5. Look toward tomorrow and ask for what you will need.

OCTOBER BEGINS

Discipleship. What does it mean to follow Jesus today?



HOUSE OF HOPE

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