



THE DO'S OF DELIVERANCE

I. RESOLVE TO HAVE RIGHT MOTIVATION

SCRIPTURES:

Mark 10:46 - *Bartimaeus sat roadside begging.*

Deuteronomy 30:19 - *"Choose life..."*

Matthew 5:6 - *"Blessed are they which do hunger and thirst after righteousness..."*

TEACHING POINTS:

- Bartimaeus had to desire more than survival
- Deliverance begins with internal decision
- You must want freedom for the right reasons
- Motivation matters:
 - ◊ Not comfort only
 - ◊ Not convenience only
 - ◊ But transformation

KEY TRUTH: Deliverance begins when you decide you want more than where you are.

APPLICATION:

- ◆ Choose healing
- ◆ Choose growth
- ◆ Choose righteousness
- ◆ Choose life

REFLECTION QUESTION: What motivates your desire for deliverance?

II. RECOGNIZE IT REQUIRES PARTICIPATION

SCRIPTURES:

Mark 10:47-48 - *Bartimaeus cried out.*

James 2:17 - *"Faith without works is dead."*

Jeremiah 33:3 - *"Call unto me..."*



THE DO'S OF DELIVERANCE

II. RECOGNIZE IT REQUIRES PARTICIPATION - CONT'D

TEACHING POINTS:

- Bartimaeus refused silence
- He participated in his breakthrough
- Faith requires action
- Deliverance often demands:
 - ◆ Prayer
 - ◆ Pursuit
 - ◆ Persistence

KEY TRUTH: God's power moves, but your faith must respond.

APPLICATION:

- ◆ Cry out
- ◆ Seek help
- ◆ Stay persistent
- ◆ Engage spiritually

REFLECTION QUESTION: What action must you take to participate in your freedom?

III. RID YOURSELF OF WHAT'S CAUSING STAGNATION

Scriptures:

Mark 10:50 - *"Throwing his cloak aside..."*

Hebrews 12:1 - *"Throw off everything that hinders..."*

TEACHING POINTS:

- Bartimaeus' cloak represented limitation
- Some things sustain stagnation
- Deliverance requires release
- You cannot progress while carrying what paralyzes you

Key Truth: What you refuse to release may be what keeps you restricted.



THE DO'S OF DELIVERANCE

III. RID YOURSELF OF WHAT'S CAUSING STAGNATION - CONT'D

APPLICATION:

- ◆ Let go of toxic habits
- ◆ Release destructive relationships
- ◆ Surrender fear
- ◆ Remove hindrances

REFLECTION QUESTION: What is causing stagnation in your life?

IV. REMEMBER TO MOVE TOWARD YOUR DESTINATION

SCRIPTURES:

Mark 10:50 - *"He came to Jesus."*

Philippians 3:14 - *"I press toward the mark..."*

TEACHING POINTS:

- Bartimaeus got up
- Bartimaeus moved
- Bartimaeus pursued Jesus
- Deliverance requires movement
- Freedom demands intentional pursuit

KEY TRUTH: You cannot stay seated and arrive somewhere new.

APPLICATION:

- ◆ Move in obedience
- ◆ Step toward healing
- ◆ Pursue purpose
- ◆ Follow God's call

REFLECTION QUESTION: Where is God calling you to move?



THE DO'S OF DELIVERANCE

V. REALIZE YOU MUST COMMIT TO WHAT BRINGS TRANSFORMATION

SCRIPTURES:

Mark 10:52 - *"He followed Jesus..."*

2 Corinthians 5:17 - *"The old has gone..."*

Romans 12:2 - *"Be transformed..."*

TEACHING POINTS:

- Bartimaeus did not return roadside
- Deliverance changed his direction
- Healing requires commitment
- Freedom is maintained through transformed living

Key Truth: Deliverance is not an event alone — it is a commitment to transformation.

APPLICATION:

- ◆ Follow Christ daily
- ◆ Build new habits
- ◆ Commit to spiritual disciplines
- ◆ Embrace new identity

REFLECTION QUESTION: Are you committed to transformation, or just temporary relief?

VI. RESIST ANYTHING THAT TAKES YOU TO AN OLD HABITATION

SCRIPTURES:

Galatians 5:1 - *"Stand fast therefore in the liberty..."*

Luke 9:62 - *"No man... looking back..."*

Proverbs 26:11 - *"As a dog returneth to his vomit..."*



THE DO'S OF DELIVERANCE

VI. RESIST ANYTHING THAT TAKES YOU TO AN OLD HABITATION—CONT'D

TEACHING POINTS:

- Old environments threaten new freedom
- Regression is dangerous
- Deliverance must be defended
- Freedom requires vigilance

KEY TRUTH: You cannot move forward while returning backward.

APPLICATION:

- ◆ Resist temptation
- ◆ Avoid old triggers
- ◆ Guard new growth
- ◆ Stay spiritually alert

REFLECTION QUESTION: What could pull you back into old bondage?

CONCLUSION

THE DO'S OF DELIVERANCE:

- ⇒ **RESOLVE**
- ⇒ **RECOGNIZE**
- ⇒ **RID**
- ⇒ **REMEMBER**
- ⇒ **REALIZE**
- ⇒ **RESIST**