



DELIVERANCE FROM TRUST ISSUES

THEME FOR April: DELIVERANCE

Definition: Trust issues are when past pain makes it difficult to fully depend on someone or something in the present, even when you genuinely want to.

Question: What are some reasons people develop trust issues?

1. Trust Issues Affect What You Value (Matthew 6:19–21)

Could it be that it's easier to store up treasures on earth because it's easier to trust what's visible than what's eternal?

- Where your treasure is = where your trust is
- You don't invest in what you don't trust.

Circle what you tend to prioritize most:

Money
Security
Image
Comfort
God's will

2. Trust Issues Distort What You See (Matthew 6:22–23)

Could it be that what you see is shaped more by your fear than your trust in God?

- When your vision is off, your life is off
- You start seeing lack instead of provision

When you don't trust God, everything starts looking uncertain.

I often see (circle):

Lack
Fear
What could go wrong

God wants me to see (circle):

Provision
Faith
What He has already done



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3. Trust Issues Produce Worry (Matthew 6: 24-31)

Could it be that you're worrying because you're trying to control what you don't trust God with?

- You try to serve God AND secure yourself
- Worry is the symptom of divided trust

Worry is what happens when trust is missing.

What have you been worrying about?

Be Honest With Yourself...

I trust God fully

I trust God sometimes

I struggle to trust God

Closing

God is not just trying to bring you out of situations, God is trying to deliver you from the trust issues that keep you bound.